

CALIFORNIA STATE ATHLETIC COMMISSION
Full Contact Martial Arts and Kickboxing

MODIFIED TEXT

Changes to the originally proposed language are shown by double underline for new text and underline with strikeout for deleted text.

Amend Chapter 2 of Division 2 of Title 4, California Code of Regulations, to read as follows:

CHAPTER 2. FULL CONTACT MARTIAL ARTS AND KICKBOXING

ARTICLE 1. GENERAL PROVISIONS

512. Rounds; Number; Length; Rest Period.

~~Matches shall not exceed ten two-minute rounds with a one-minute rest period between rounds; however, the commission may permit an additional two rounds for the purpose of championship events.~~

(a) Non-title kickboxing bouts shall not exceed 10 rounds, each round not to exceed 3 minutes, with a rest period of not less than one minute nor more than 2 minutes, as specified by the sanctioning body. Except with the approval of the commission, pursuant to Section 18748 of the code, title bouts shall not exceed the maximum length or number of rounds specified in this subsection and in no event shall the rest period between rounds be less than one minute.

(b) Non-title martial arts bouts other than kickboxing shall not exceed 5 rounds, each round not to exceed ~~5~~ **10** minutes **for the first round and 5 minutes for each succeeding round**, with a rest period of not less than one minute nor more than 2 minutes, as specified by the sanctioning body. Except with the approval of the

commission, pursuant to Section 18748 of the code, title bouts shall not exceed the maximum length or number of rounds specified in this subsection and in no event shall the rest period between rounds be less than one minute.

Note: Authority cited: Sections 18611 and 18763, Business and Professions Code.
Reference: Sections 18640 and 18765, Business and Professions Code.

513. Contestants Fighter's Equipment.

~~(a) Male contestants shall wear a foul-proof groin protector. A plastic cup with an athletic supporter is adequate, but an abdominal guard is preferable. Female contestants shall wear foul-proof breast protectors. Plastic breast covers are adequate. Female contestants shall also wear a pelvic protective girdle which shall cover the pubic area, ovaries, coccyx and sides of hips. All contestants shall wear fitted mouthpieces. All contestants shall have short fingernails and toenails. Use of padded footgear that covers the toes is mandatory and shin protectors are optional as agreed in the contract between the martial arts fighter and the promoter.~~

~~(b) Contestants shall have at least one extra pair of shorts in an opposing color with them at a match, contest, or exhibition.~~

(a) The ring costume for each fighter on a program shall be approved by the commission and shall include two pairs of trunks and a custom-made individually fitted mouthpiece. **In a martial arts contest, either fighter may wear a gi , shorts, or trunks.** A fighter who wishes to wear a gi shall notify the opponent and the commission at the weigh-in. Commission staff shall not approve ring costumes that are so similar as to possibly cause confusion as the identify of the contenders.

(b) A fighter who is participating in a kickboxing contest may, at his or her option, use padded footgear and/or shin protectors. Shoes ~~may shall~~ not be worn ~~either in martial arts contests or~~ in kickboxing contests. **A competitor in a martial arts contest may wear wrestling shoes, provided that the fighter notifies his or her opponent and the commission at the weigh-in. Shoes with Velcro or metal parts are prohibited. Shoes shall be inspected prior to the fight by a referee or inspector for safety.**

(c) In addition to the items described in subsection (a), the costume for each male fighter shall include a foul-proof groin protector.

(d) In addition to the items described in subsection (a), the costume for each female fighter shall include a body shirt.

Note: Authority cited: Sections 18611 and 18763, Business and Professions Code.
Reference: Sections 18640 and 18765, Business and Professions Code.

ARTICLE 4. RING AND EQUIPMENT

523. Ring.

(a) For kickboxing contests, the ring or fighting area shall meet the requirements of Rules 311 through 313, inclusive. For all other types of martial arts bouts, the ring or fighting area shall meet the requirements set forth below in this section.

(b) The ring or fighting area shall be no smaller than 18' by 18' and no larger than 32' by 32'. The ring floor or floor of the fighting area **shall extend at least 18 inches beyond the ropes and** shall be padded in a manner approved by the commission, with **at least a one-inch layer of foam not less than ½ inch nor more than 2 inches of padding approved by the commission.** Padding shall extend beyond the ring or fighting

area and over the edge of the platform. The ring or fighting area shall have a canvas covering. Vinyl or other plastic rubberized covering will not be permitted.

(c) The ring platform shall not be more than four feet above the floor of the building and shall have suitable steps or ramp for use by the fighters. Ringside tables shall be no higher than ring platform level. Ring posts shall be of metal, not more than 6" in diameter, extending from the floor of the building to a minimum height of ~~58"~~ **two inches** and a **maximum height of 6 inches above the highest horizontal rope** above the ring floor, and shall be properly padded in a manner approved by the commission.

(d) The ring shall be enclosed by **either of the following**:

(1) **a** A fence made of such material as will not allow a fighter to fall out or break through it on to the floor or spectators, including but not limited to vinyl-coated chain link. However, the enclosure shall not obstruct or limit the supervision and regulation of the bout by the officials or commission representatives. All metal parts shall be covered and padded in a manner approved by the commission and shall not be abrasive to the fighters.

(2) **A minimum of five horizontal ropes not less than 1 inch in diameter connected by vertical ropes: the lowest rope to be not less than 5 inches nor more than 8 inches above the floor; the second rope to be not less than 8 inches nor more than 12 inches above the lowest rope; the top three ropes to be spaced equal distance apart and not less than 12 inches nor more than 14 inches from each other. The lowest rope shall have applied around it a padding of a thickness of not less than ½ inch and of a type and construction to be approved by the commission. The horizontal ropes shall be tied together by vertical ropes not less than ¼ inch in diameter. There shall be two 2 vertical ropes, spaced equal distance apart, on each**

side of the ring. The lowest portion of each vertical rope shall have applied around it
a padding of a thickness of not less than ¼ inch and of a type and construction to
be approved by the commission.

NOTE: Authority cited: Section 18611 and 18763, Business and Professions Code.
Reference: Section 18765, Business and Professions Code.